

Child Care Health Consultation Lesson Plan

Contractor Name: Standard Lesson Plan

Date Submitted: January 2, 2015

☐ **Children's Health Promotion**

Adult Training on Content Area V: Health and Safety	Health and Safety Standards	Training Levels
Select one standard and one level	<input checked="" type="checkbox"/> Promoting Risk Management Practices	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
	<input type="checkbox"/> Protecting Children and Youth	Source: Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011
	<input type="checkbox"/> Promoting Physical Health	
	<input type="checkbox"/> Promoting Mental Health	
	<input type="checkbox"/> Promoting Healthy Eating	

Title: Car Seat and Seat Belt Safety

Training Goal: Child Care Providers will recognize the importance of proper use of child safety seats and seat belts in protecting children from injury and be able to use them appropriately

Learning Objective(s): Participants will

See how passengers and drivers are injured in crashes where seat belts/restraints are not used

Identify the correct safety devices (car seats and booster seats) according to child's age

Correctly use/install seats to ensure they are effective

Identify how role-modeling can help children develop positive life-long habits such as seat belt use

Topical Outline of Content	Training Method(s)	Time (in minutes)
Introduction		
Automobile crashes: <ul style="list-style-type: none"> How occupants are injured Basic physics of a crash Statistics/rates for injuries (county/state available at http://health.mo.gov/data/CommunityDataProfiles/index.html)	Lecture & discussion	10 min
Types of child safety seats and booster seats <ul style="list-style-type: none"> Determine age appropriateness/height/weight Review laws 	Lecture & discussion	25 min
"4 Steps for Kids" approach to using these devices	Lecture & discussion	10min
What happens when devices are not used correctly	Discussion	10 min
Role Modeling to develop good safety and health habits in children / wrap up	Discussion	5 min

Method(s) of Outcome Evaluation: responses to discussion / Q & A

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APPROVED FOR 1.0 CLOCK HOURS

Date Approved:
January 2, 2015

Authorized Approval Signature:



Date Expires:
January 2018